



Lion Kevin Frost, World Class Blind Speed Skater, Blind Golfer, Blind Para-Cyclist, Competitive Rowing and now an author.

In the July/August/September 2019 issue of the Lion Magazine an article was featured about Lion Kevin Frost of the Orleans Lions Club. The article described Kevin's exploits in the realm of international speed skating with references to his participation in blind golf, tandem bicycle racing, along with competitive rowing and running. Further, he has been selected to attend the World Blind Golf Championships in South Africa in 2023.



As referenced in the original article Kevin is a three-time World Blind Champion in short track speed skating and ranks 8th in the world against able-bodied skaters. Lions have sponsored Frost in many competitions. He has been a Lion for over 15 years and recently received his membership chevron from Club President Sylvie Blanchette.



The magazine did not have the space to list all of Kevin's accomplishments, hence we have provided links to his website and the Lion Magazine article from 2019. They are definitely worth a read.

The initial Lion magazine article can be found at: <https://bit.ly/3Av8vKP>, on page#26, it is only the beginning of a fantastic story.

There is also a wealth of information on Kevin's website at: <https://deafblindspeedskater.com/> It is suggested you check out at both links for a comprehensive look at what one person with a great ambition can accomplish, despite their handicap. He also has a facebook page, which is a wealth of information: <https://bit.ly/3pTg4WN>

Kevin is also kept busy with motivational speaking engagements, to the tune of over 300 sessions world wide, including a TEDx presentation at Ashbury College in Ottawa.

One might assume that someone with a story like this should write a book and that's exactly what happened in this case. Kevin's story has been published and is due for release in September, it will be available on Amazon, Barnes & Noble, and on Audible. If you would like to order some printed copies, have any questions, or would like to book a presentation/talk/Zoom meeting for your club please contact him directly at DeafBlindChampion@gmail.com

